

AARC Guest Rower Policy

Purpose

This policy describes how AARC will incorporate guests into the club sweep & sculling programs. For this policy a GUEST ROWER is defined as any person who has rowing experience from another school, college or rowing club—sweep and/or scull. The period of time for guest rower status is brief and finite.

Guiding Principles

- 1. In the spirit of sportsmanship and support of the rowing community, AARC welcomes guest rowers, as we are welcomed in kind by other rowing clubs.
- 2. Guest Rowers should notify the AARC Director who is responsible for lineups, at info@a2crew.com prior to coming to the boathouse for a session.
- 3. A guest rower is responsible for the accurate and honest portrayal of their rowing experience. US Rowing ID number may be provided if available.
- 4. In the interest of safety and continuity of a workout, the coach is ultimately responsible for the boating of a guest rower.
- 5. Guest rowers are welcome at any coached practice session--morning or evening and should not be rowing during uncoached practices.
- 6. Guest rowers must sign a waiver prior to rowing in club equipment

Guest Rower Status--SWEEP

- Visitor to the Area
 - o Guest Rower from another rowing club
 - Visiting area for a finite period
 - Eligible to row no more than 4 sessions/week for a two week period
 - Opportunity for extended options by contacting the Membership Chair*
 - o A small donation to the host club is customary, but at the discretion of the guest rower.
- Guest Rower considering membership
 - o Guest Rower with previous rowing experience who is interested in AARC membership
 - Eligible to row in two sessions (or up to one week at the very end of the on-water season)
 - o After the period of time, above, guest rower is expected to register for membership and select program in accordance with club policy to continue rowing.
- Arranging a Guest Row--SWEEP
 - o Email our Membership Chair at info@a2crew.com
 - Sign a waiver (found here or in paper form at the boathouse)

Guest Rower Status--SCULLING

- Guest Rower from another club
- Visiting area for a finite period
- Eligible to row no more than 4 sessions/week for a two week period
- Opportunity for extended options by contacting the Membership Chair*
- A small donation to the host club is customary, but at the discretion of the guest rower.

Arranging a Guest Row--SCULLING

- 1. Email our Membership Chair at info@a2crew.com
- 2. Provide or complete one of the following:
 - a. proof of successful completion of a flip test

b. an endorsement of your sculling ability & good safety habits from your home club (your coach is our preferred reference)

- c. do a flip test with a qualified AARC coach
- 3. Receive a quick orientation to AARC equipment/boathouse/dock/river
- 4. Sign a waiver (found here or in paper form at the boathouse)

Those new to the sport of rowing or interested in learning about rowing are not eligible for Guest Rower status. AARC encourages enrollment in Learn to Row or Learn to Scull class for this purpose.

* Membership Chair will use his/her discretion in handling these cases, but they will often result in prorated payment of the monthly rowing fee for that month and no membership fee, or for longer stays, a donation in-lieu of the membership fee. There's no need for these longer-term guests to necessarily become bona fide members.

Original Author: S. Marsh, AARC Board Approval 4/27/2007 Revised 3/27/14 S. Gronewold, J. Goldberg, B. McGowan, Approved by AARC Board 5/12/14